

Hey everybody,

I hope that you have recovered from the summer workshop. For me it was a thrilling experience to travel to 17 cities and see so many wonderful teachers and their students. You are truly and inspiration to me. I still can't believe we get to do this for a living!

As promised, here are the choreography notes for a couple of the songs we did this summer of which I was not allowed to provide you written notes. Don't tell anybody ☺ Actually, feel free to share them with your friends, change them, take the credit, give the blame, send in Homeland Securitiy...whatever. It's fun to be naughty once in a while!

Have a great year. I can't wait to see you next summer when the John Jacobson video is going DVD!! Hey, it doesn't take much to get me excited.

All the best! John

Bonus Choreography notes from the John Jacobson

Workshop2004Choreography Notes

You Can't Stop The ? (You Know what!)

The curtain rises on about five actors spread across the stage. The stage center (Male?) says to the audience.

Speaker 1: "Welcome to our (name of)show. You might be wondering What's it all about?"

Speaker 2: What's it all about? It's about the melody!

Speaker 3: What's it all about? It's about the harmony!

Speaker 4: What's it all about? It's about the dance!

Speaker 5: What's it all about? It's about the music!

Speaker 1: What's t all about? It's about.....the beat!!

(He begins snapping his fingers. He is joined by the rest of the men.)

Then we start adding on the rest of the cast.

At the workshop we started with a stomp clap pattern of Rhythm.

Make up clapping patterns for three or four different groups. Start with a simple one and add on more sophisticated ones to rise to a crescendo. Every body ends at the same time.

Speaker1: What's it all about?

Entire cast shouts "It's about the Beat!"

Music starts

Measure	Choreography
1-8	Men drop to a squatting position, wit heads down and hands on the floor. Women Put hands on hips, "S" pose and bop hip on the beat.
9-15	Men do POPCORN jump n ripple from front to back 3 times.
9-12	Women point R hand high to low directly at the audience.
13-14	Women step touch with Bucket of Worm arms
15-16	Women point both hands high to low as the men stand up
17-18	Men run in place with feet apart. Women face men and do althernating heels L R LRL R L RLR
19-20	Wipe like safe I baseball
21-22	Swing Lasso with R hand and do 4 heel drags moving stage L
23	Step touch R then L holdng heart with both hands.
24	Slide R
25-26	Axel LRLRLRR
27	Drop both hands fro shoulders, palms up toward the audience
28	Point R hand at audience
29-30	Fast "Choo Choo Train arms" LLRLLRR
31	Rubber legs 4 times and lean L
32	Slide R and wipe the back of your head with your R hand
33-34	Shimmy forward back forward back
35	2 Jerks
36	Point R hand high to low
37	Hula 2 times L
38	Burst jazz hands just over head as you slide R
39	Walking Rubberlegs as you shrug
40	Wipe like "safe" in baseball
41-42	Train arms LLRLLRR

- 43 Soute nous turn L rippling it across the choir from R to L
 44 Point R hand at audience
 45-46 Train arms LLRLLRR
 47-48 Big Flops L R L R
- 2nd verse
- 5-8 Free style movement to a partner. Girls on the L
- 9-12 Train steps. Women down R, center, down L, center.
 Men train steps once toward each wall starting stage R, then
 upstage, then R, then downstage.
- 13-14 Slide past your partner accenting your shoulders down twice on
 "his-to-" then slide back to the other side and accent your
 shoulders two more times
- 15-16 Wipe ala safe.
 17-20 Boys kneel.
 Women Step touch down stage L then upstage R followed by a
 body roll. Repeat. 2nd time the boys stand and join the girls.
- 21-44 Same as 1st time.
- 49-50 Scoop both hands and move away from center stage with four
 slow steps.
- 51-52 Drop hands and walk 8 quick steps to a tight clump of rows
 center stage.
- 53-54 Leading with your L heel, 4 heel pushes moving directly at the
 audience.
- 55-56 Shimmy forward back, forward back.
 57-58 Boys slightly behind girl partner, lunge side to side to cross
 each other. 4 times
- 59 Body roll forward as though the brakes are being put on
 60 Point r hand at audience
 61 Hula to spread out
 62 Continue spreading out and burst Jazz hands slightly overhead.
 63 two lassos with R hand as you do 2 heel drags to the L
 64 Place both hands on R hip with R knee bent, facing stage L.
 65-66 Walking knee pops moving stage L (R knee and elbow, LRL)
 67 face partner and give High 5 R, then L, then shimmy down up
 68 Women point at the audience, men do two big flops
 69 Women do 2 big flops as men point at audience.
 70-71 Repeat 68-69

- 72 Women point, men 2 flops.
 73-76 All do 8 heel pushes moving directly at the audience.
 77 Reach to audience L, then R, then clap both hands together with arms outstretched.
 78 Pull clasped hands to chest. Look stage L then R
 79 In two counts pull up to face stage R, then use the rest of the tremolo (4 counts) to do a three point jump turn ® toward the audience.
 80 Point R hand at the audience. Front rows kneeling.

My Favorite "Stuff" ☺

- | Measure | Choreography |
|---------|---|
| 1-12 | Stand in modeling stance with L foot turned out from R. the L heel is in the arch of the R foot. Heads lowered. |
| 13-16 | Sop. 1 Look up quickly on first downbeat |
| 17-20 | Altos look up quickly |
| 25-30 | Hold that pose |
| 31-38 | U-Steps one per measure starting L |
| 39 | Chasse' l |
| 40 | Lift R leg across to the L |
| 41 | Chasse' R |
| 42 | Lift L leg across to the R |
| 43-46 | Repeat 39-42 |
| 47-48 | 3-point Turn L |
| 49-56 | Hold skirt and do step touches ala a curtsy forward and back one per measure |
| 57 | Chasse' L |
| 58 | Lift R leg across to the L |
| 59 | Chasse' R |
| 60 | Lift L leg across to the R |
| 61-64 | repeat 57-60 |
| 64-65 | "S" Pose with R knee over and hands on hips |
| 66-67 | "S" pose with L knee over |
| 69-70 | Feet together, knees straight, hands to sides |
| 71-72 | Small plie' |
| 119-122 | U-steps L,R,L,R |
| 123 | Chasse' L |
| 124 | Lift R leg across to the L |
| 125 | 3 point turn R |

126-129 U-steps LRLR
85-96 When your voice part starts to sing, simply take a step forward
97-99 U-Steps LRLR
101 Chasse L
102 Lift R leg across to the L
103 Chasse' R
104 Lift L leg across to the R
105-106 3 point turn L
107-128 Repeat 85-106
129-136 Curtsies forward and back like measure 49
137 Chasse' L
138 Lift R leg across to the L
139 Chasse' R
140 Lift L leg across to the R
141-144 repeat 137-140

145-146 As before 'S' pose R knee over
147-148 'S' pose L knee over
149-150 Feet together, knees straight, hands to sides
151-152 Plie'
153-156 U-Dips LRLR
157 Chasse' L
158 Lift R leg across to L
159 3 point turn R
160 hold
161-165 U-Steps moving slightly downstage
166 Step forward bringing R hand up with palm down
167 Flip R hand in over head for final pose.